

THE CATCH

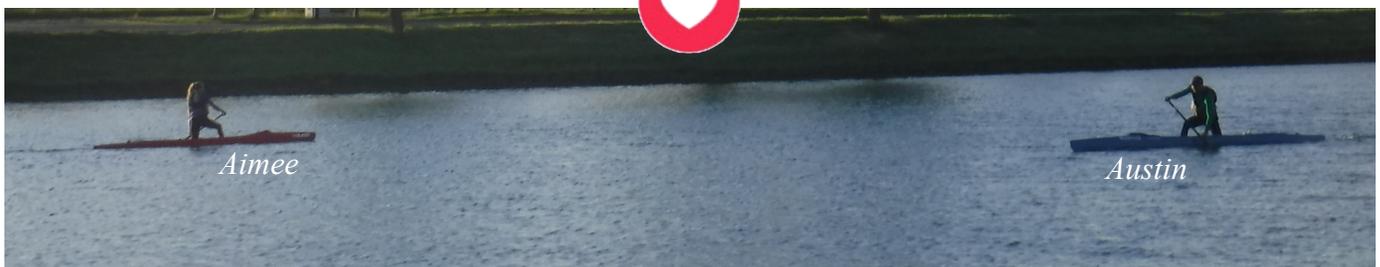
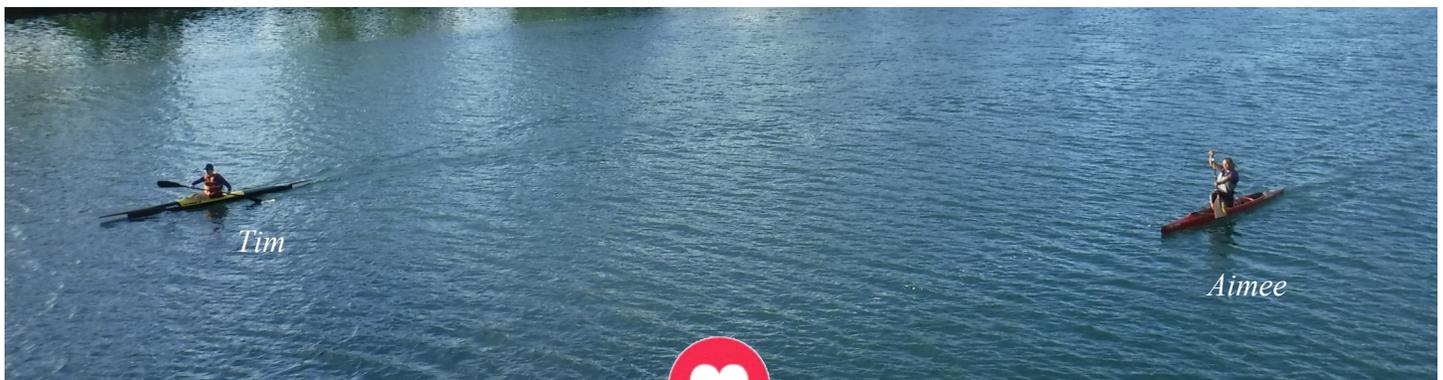


South Niagara Canoe Club Newsletter Volume 10 Issue 6

July 2020

Paddles Up!

On a bright and cool morning on Saturday June 13, 2020, Head Coach KC took to the Welland Recreational Canal with four paddlers: Austin Pigeon, Aimee, Pigeon, Evan Landry, and new member Tim Ostiguy. It was a great first practice under the watchful eyes of KC and Safety Officer Sally Rennick. It will take some time for the new guidelines and restrictions including physical distancing requirements to become a habit for all coaches and paddlers. But it is still good to be out on the water. Here's to better days ahead for all of us at SNCC!



Pictures by
Kathleen
Reardon



Tim leads dry land warm up.

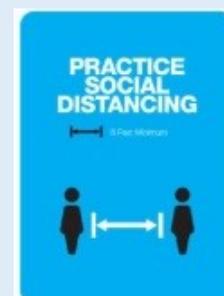
THE CATCH
shares news about
SNCC and its
members so you can
stay connected
with SNCC and its
members.

Paddling with SNCC in 2020.

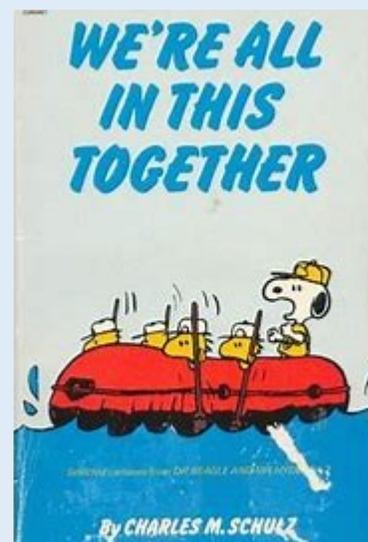
Much work has gone into ensuring the safety of our athletes and coaches as the High Performance Canoe/Kayak paddlers return to on water training. A document was prepared by Safety Officer Sally Rennick for the City of Welland outlining our “Return To Play Process” based on updates from Canoe/Kayak Canada, Canoe/Kayak Ontario, the City of Welland, and Niagara Region Public Health. Currently, the High Performance Canoe/Kayak athletes are practicing at 6:00 a.m. with KC five days a week and are hoping to increase that with a few late afternoon paddles. Participants include Evan, Michelle, Walker, Austin, Aimee, and Josh.

Some of the new guidelines at SNCC include:

- Only paddlers with advanced paddling skills will be permitted to participate in the 2020 on-water season. Only paddlers who go over rarely will be permitted to participate in the season. Only paddlers who can self-rescue or swim to the nearest canal shore and manage their own boat and equipment for re-entry will be permitted to participate in the season.
- No sharing of equipment by paddlers at any of the phases of re-opening.
- Physical distancing must be maintained at all times:
 - 2 meters of separation with normal heart rates.
 - 4 meters of separation with elevated heart rates.
- Hands are washed with alcohol based sanitizer prior to entry of the SNCC enclosure and at the end of every practice.
- The SNCC enclosure is not the place for any socializing during the Covid-19 outbreak. Only coaches and club members will enter the SNCC enclosure (parents, siblings and friends are asked not to attend practices in order to decrease the number of people in the area). Coaches are only to enter/exit from the front of the SNCC enclosure. Paddlers are only to enter/exit from the rear of the SNCC enclosure.
- No personal items are brought into the SNCC enclosed area. These are kept at home or in your vehicle. Paddlers arrive in their paddling clothes.
- No PPE (personal protective equipment) will be supplied by SNCC.
- All coaches and paddlers will complete a Covid-19 screen within one hour of the start of each practice and these will be kept by the lead coach.



Refer to the Canoe/Kayak Canada website (canoekayak.ca/covid-19/), the Dragon Boat Canada website (dragonboat.ca/news/covid-19-updates/), and Niagara Public Region website (www.niagararegion.ca/health/covid-19/default.aspx) for further updates and resources.



SNCC Paddles Up Trivia Night!

Great fun with host "Al Paddler" at the SNCC Paddles Up Trivia Night on June 11 and with all who participated via ZOOM. Congratulations to first place winner, Sally Rennick with 19/20 correct answers followed by Sue Humphries and Audi Johnston tied at 18/20 correct answers. Thank you to Alan Wright and the SNCC Social Committee for putting together a wonderful event!



Screen captures of SNCC members using the Gallery view on ZOOM.

SNCC's Richard Dalton is to be Inducted into the Nova Scotia Sport Hall of Fame



An excerpt from the Nova Scotia Sport Hall of Fame FaceBook page, posted June 15, 2020.

NOVA SCOTIA SPORT HALL OF FAME ANNOUNCES NEW INDUCTEE CLASS

The Nova Scotia Sport Hall of Fame is pleased to announce its next inductee class. Four athletes, one team and two builders will be celebrated for their outstanding contributions to Nova Scotia sport. These inductees include two Olympians, two stand-out players from legendary teams, two beloved builders who both made a difference for athletes of different abilities, and one team that won an iconic Canadian championship.

The athletes who will be enshrined are Olympic paddler and three-time World Championship bronze medallist Richard Dalton; three-time Olympian and Commonwealth gold-medallist rower Todd Hallett; star pitcher and four-time National Senior Men's Fastball medal-winner Robert Putnam; and, Two-time All-Canadian and CIAU basketball scoring and rebounding leader Ted Upshaw. The Hall will also welcome Mark Dacey's 2004 Brier-winning curling team. In the builder category, Special Olympics coach, team manager and mission staff member Cathy Mason, along with Olympic and Paralympic sailing coach Brian Todd, will also be inducted.

Due to the unprecedented circumstances surrounding COVID-19, the Hall of Fame has yet to decide on a firm date for Induction Night. That decision will be made in the coming weeks, as we continue to closely monitor the provincial "re-opening."

Richard Dalton, Paddling, Cork, Ireland: Dalton made it to the podium at national and international sprint canoe events an impressive number of times. In a career spanning two decades, he won gold at the national senior men's championships 24 times, and placed first on the World Cup circuit 9 times. A competitor at the 2004 Olympics and gold medallist at the 2011 Pan American Games, he represented Canada at the Senior World Championships nine times, bringing home three bronze medals.

From https://thelaker.ca/cheema-alum-dalton-to-be-inducted-into-2020-ns-sport-hall-of-fame/?fbclid=IwAR20h_FZX2WnGukUnybw2ygl2YDwBz2bxCA-307cx9de0aDkoi4PbxKO8Cg posted June 18, 2020.

Richard's joins long-time friend and Cheema C2 partner, Mike Scarola, as an inductee into the NS Sport Hall of Fame, along with Cheema Coach Frank Garner, athletes Ann Dodge, Don Brien, Karen Furneaux, and Cheema Team '77. Over the more than 550 athletes, builders and teams inducted in the Nova Scotia Sport Hall of Fame, Cheema has far more inductees than all the other Atlantic Division canoe clubs combined. Richard was also inducted into the Cheema Hall of Fame on Cheema's 50th Anniversary Celebration in 2019.



Celebrating Richard!

Images found via Bing search engine.



Richard with the 2003 Canadian Team at ICF Canoe Sprint World Championships in Georgia, USA.



Richard in 2011.



Richard visits Bedford Academy, a private school in Halifax, NS, in 2009.



Richard with the 2004 Canadian Olympic team heading to Athens, Greece.



Richard wins bronze at Senior Men's C1 1000m at 2012 Canadian Sprint Canoe Kayak Championships in Dartmouth, NS.



Richard in a C4.

SNCC "Oh Canada Day" Paddles Up Trivia



Prepared by Al Paddler a.k.a. Alan Wright

- 1) Canada hosted the world's best flat-water paddlers at the 1976 Montreal Olympics and a competitor from Ontario won a Silver Medal in C-1. Was his name:
- A) John Wood
 - B) Jack Pine
 - C) Jim Lumber

2) The historic "Dominion Day" (now "Canada Day") Regatta has been held on courses in the Toronto area since the late 1800's. It now includes Dragon Boat races in addition to rowing and canoeing. Due to flooding in 2019 it was held at an alternate venue. Was the venue:

- A) Little Lake, Peterborough
- B) Burloak Canoe Club, Burlington-Oakville
- C) WIFC, Welland

3) Flatwater paddling was first introduced as an exhibition sport at the Paris Olympics in 1924. The two countries dominating the medals were:

- A) Canada and France
- B) Canada and the USA
- C) Canada and Hungary



The Canadian delegation at the 1924 Paris Olympics. Note the Canadian flag is not yet the familiar red maple leaf.

4) The Canadian medical doctor and university professor who was a champion paddler, a Canadian national team physician and a leading world proponent of Dragon Boating for breast cancer survivors is:

- A) Dr. Peggy Cove of Nova Scotia
- B) Dr. Doug Chrysler of Ontario
- C) Dr. Don McKenzie of B.C.

5) Canada has expressed the centrality of canoeing in its cultural fabric by offering, on 3 occasions, hand-built canoes to:

- A) Presidents of the USA
- B) Members of the British Royal Family
- C) Leaders at a G7 summit



6) Former Canadian Prime Minister Pierre Trudeau is quoted as saying that paddling a canoe over a long distance is much preferred to a long train ride or a long cycle because, at the end of your trip:

- A) You will be "a brute"
- B) You will be "a member of the bourgeoisie"
- C) You will be "a child of nature"

7) Canada's Centennial was celebrated in 1967. The Canadian flatwater championship was held at:

- A) Ontario Place, Toronto
- B) The Forks, Winnipeg
- C) Expo '67, Montreal



Answers: 1.A, 2.C, 3.B, 4.C, 5.B, 6.C, 7.C

News from the Board of Directors

Board of Directors: Meeting weekly via ZOOM to review ongoing news about Covid-19, re-openings provincially and locally, and progressing through the stages/phases of reopening. Contact any Board member if you have any questions or concerns. There is no timeline for SNCC to enter into the next phase of re-opening. Everything will depend on the club's ability to ensure the safety of the paddlers and coaches in a financially feasible way.

BCM Grant: Unfortunately, SNCC was unsuccessful in their bid to obtain a spring BCM Grant. If you know of other grant opportunities that would benefit the club, please share them with the Board. Also, if you would like to help with the grant application, that would also be appreciated.

Paddling Opportunities: There is a group of members that are organizing local recreational kayak excursions. Anyone that would like to join them can contact Lesley Seaborne to get their name on the email distribution list lseaborne@cogeco.ca. There will be lots of social paddling opportunities for anyone with access to something that they can paddle.



Happy Birthday to those celebrating in July!



From Hope Floats:

Marilyn Bellows
Audi Johnston
Carolyn Swan

From Warlocks:
Heather Cairnie

From Canal Dragons:

Joan Crawford
Lisa Barrow
Sean Sabbatini
Jamie Mereweather



Photo provided by Alan Wright

Just one year ago (on July 1, 2019) the Canal Dragons were fighting for the lead in this exciting race held at the WIFC. We can't wait for paddling to resume and the virus is no longer an issue!

Next issue: August 2020

Pictures and story ideas for **The Catch** can be emailed to Kathleen: kat_reardon@hotmail.com



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SNCC.CA