

Upcoming Events

Club Fall Clean Up: Saturday November 6 from 11:00am-2:00pm at our Clubhouse

Volunteers will be needed for many different jobs. For example:

- Help bring out the dragon boats and store them for the end of season;
- Help sweep;
- Rearrange the boats and equipment in the storage containers;
- Bring recycling to the dump;
- Or do a Tim Hortons run.

Please sign up on our website so we have an idea of numbers for the club.

What to Bring:

- Work gloves
- Appropriate clothing for the weather (those helping with DB's may get a little wet so rain gear is a good idea)
- Mask
- Positive attitude

We are also looking for someone that might be able to lend us a power washer to help clean off the dragon boats? Preferably one that doesn't need to be plugged in. If you do have one let Brenda know in an email.



Niagara Falls Santa Claus Parade: Saturday November 13 from 2:30pm-5:00pm, parade starts at 4:00pm

Wilika has some great ideas for the Club to promote itself at the parade including featuring our para-athletes and their medals, Austin Pigeon and his medals, and our amazing programs. Volunteers are needed for the planning and the actual parade. Contact Wilika for more details wilika.wilson@outlook.com.

Winter Training: December 4, 2021-March 28, 2022 at the Welland International Flatwater Centre

Registration is open for Dragon Boat Winter Training. Sessions are 90 minutes long split between gym time and paddle-tank time. It's an excellent opportunity to work on flexibility, strength, endurance, and paddling technique. See our website SNCC.CA for details.



***The Catch** shares news about SNCC and its members
So you can **stay connected** with SNCC and its members.*

Dragon Boat steering clinic

In early October, many paddlers tried their hand at steering a dragon boat. It is hoped that they will continue to practice steering and that more people will learn this valuable skill.



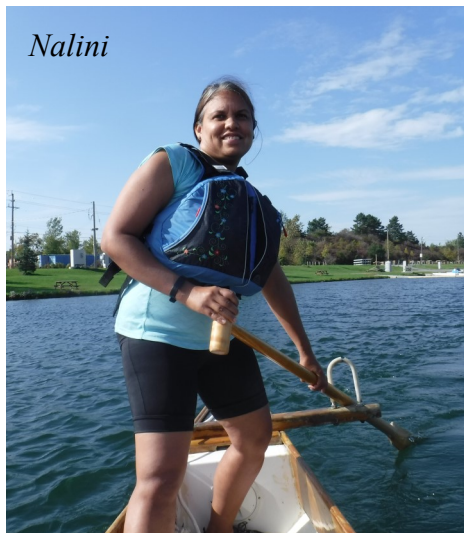
Lorna



Learning to manoever a boat that's not moving forwards



Coach Jan



Nalini



Coaches Joan and Brenda giving steering tips



Docking the dragon boat



Bernita

Night paddle



On a beautiful and warm night in October, the dragon boat crew went out and enjoyed a long, night paddle. There was enough people for two boats. It was a great opportunity to enjoy the colours of Welland's East Main Bridge. Visit [YouTube](#) to see a video Coach Gwen made of the evening.



Richard Dalton and the Nova Scotia Sports Hall of Fame

As reported in the June 2020 Catch, Richard will be inducted into the Nova Scotia Sports Hall of Fame. At SNCC, Richard has been a club manager, a coach for both dragon boat and canoe/kayak programs, a member of the SNCC's Board of Directors, and an overall friend of the club, as a whole, and of SNCC's members, as individuals.

Richard was a long-time member of the Cheema Aquatic Club located in Waverly, NS north of Halifax.

From a recent Nova Scotia Sports Hall of Fame press release: *Due to the unprecedented circumstances surrounding COVID-19, the Hall of Fame postponed Induction Night after announcing this class of inductees in Spring 2020, choosing to forego a virtual induction and wait until a ceremony befitting of the inductees could be delivered in person. The Hall is confident that, working with the Halifax Convention Centre, it can ensure a safe event that follows all public health guidelines.*

Induction Night 2021 will be hosted by long-time event emcee, Hall of Fame CEO and CBC broadcaster Bruce Rainnie, and, thanks to an exciting partnership with Eastlink Community TV, the ceremony will again be broadcast live.

SNCC will try to post the details of the live broadcast on our Facebook and other social media if you wish to watch the ceremony. Congratulations, Richard!

Richard Dalton will be inducted into the Nova Scotia Sport Hall of Fame on Saturday, November 20

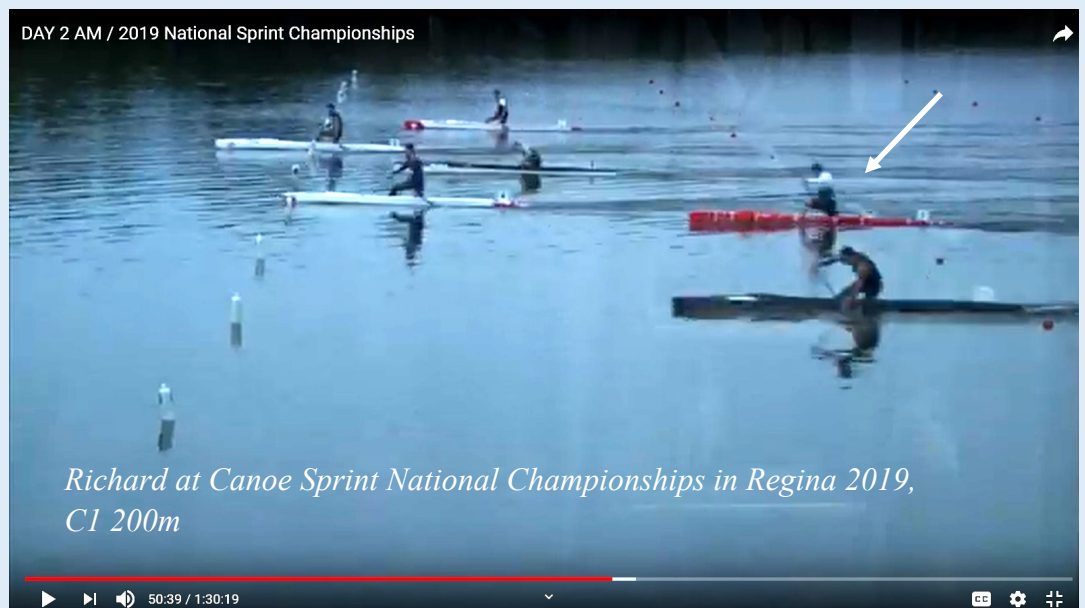
All the members of South Niagara Canoe Club would like to extend our most sincere congratulations to Richard Dalton.

A fitting tribute to an exemplary athlete, an invaluable club member and a highly regarded gentleman.

We hope you can hear the thunderous applause from every member, Richard!



*Richard at the 2018
SNCC Awards Night*



Grant updates

SNCC has been authorized to continue into the second of their three-year **Trillium Grow Grant**, thus the club will receive \$30,600 in funds for the next six month installment. Due in part to the Covid-19 pandemic, SNCC has primarily focused on updating our website and preparing new marketing materials and strategies rather than face-to-face membership drives. As a goal of the Grow Grant is to grow our club, SNCC must increase our dragon boat membership by at least 15% over the winter to qualify for the final 1 1/2 years of funding.

The **Trillium Resilient Communities Grant** covered our new Stand-Up Paddleboards (SUPs), Sit-a-Top kayaks, outrigger canoes, and storage for these boats. The current installment of \$9,000 has been deposited into the club's bank account. A final installment of about \$1,400 is expected in June 2022, pending an a report on the funds used to date and their impact on the club and its members.

The **Community Building Operating Stream** received \$28,900 for the para-dock project. Having a dock that is accessible and safe for paddlers of all ages and abilities will be an important asset for the club and a great resource for our members. See the article by Masters paddler, Maureen McLaughlin in this Catch for her thoughts on the para-dock project.

A grant application was submitted for the **Community Building Capital Stream**. SNCC is requesting approximately \$120,000 for a roof and outdoor gym floor for the current compound. This would provide members with a level outdoor space for on-land workouts as well as provide our campers with shelter in inclement weather. SNCC is awaiting the results of the grant application.

The intense work involved in applying for and maintaining our grant status is necessary for our club's ongoing success. SNCC is a not-for profit sports club and revenue in the past had primarily come from membership programs with fundraising or grants providing a smaller contribution to covering our expenses. SNCC will continue to pursue sources of revenue outside of membership fees and services in order to keep the club affordable and enjoyable.

Last OC-1 Paddle of 2021



Photos from Ann Reid's Facebook page.

Fundraising

Calling all SNCC members and Friends of SNCC. There is a specific fundraising goal for an Adaptive Seat for our newest Paracanoe athlete. This campaign is being led by Marilyn Abbs, longtime SNCC Paracanoe athlete. Access the fundraiser [here](#).



Order Purdy's Fundraiser Treats by November 22 and use **Customer Number 59615**. There is no minimum purchase amount. Price range of product is from \$4-\$155. Pay online. Expect delivery to the SNCC compound by around December 10. Or pick-up at Marilyn's home in Stevensville.

See also the SNCC FaceBook page. Any further questions, email Marilyn 626sledger@gmail.com.

November Birthdays

Canoe/Kayak

Sylvain Campbell

Scott Canter

Sarah Lowry

Sherry Simo

Dragon Boat

Barbara Arndt

Veronique Bedard

Yolanda MacArthur

A Year of Progress and Inclusivity

By Maureen McLaughlin

It has been said that there is no such thing as "age appropriate" when it comes to play, and that at every age play is not a luxury; it's a necessity. Of course, with the passage of time comes the corresponding decrease in flexibility, and other conditions that make staying active in some sports an ongoing challenge. Trying to figure out a practical way to keep paddling on the water has been as taxing as the physical demands. Making a formal request to the club to have a grab or assist bar be installed on the dock to help those of us who need assistance getting in and out of our boats, and who wish to do as much as possible ourselves, was met with a prompt, positive reply. Additionally, I was delighted shortly afterwards to hear about the Trillium grant to make one dock fully accessible. The application for that grant was made earlier in the spring by our Commodore, so thank you Brenda for your efforts to promote inclusivity, and to KC for re-starting masters paddling programming. There has been great work done by the board to grow the Club, and to encourage all its members. It is a great pleasure to see so much participation from all age groups as well as the competitive members who have represented the club so well. May we all continue to enjoy the benefits for a long time to come!



Masters paddler, Maureen

Next issue: December 2021

Pictures and story ideas for **The Catch** can be emailed to Kathleen: kat_reardon@hotmail.com



Facebook



Instagram



Twitter

SNCC.CA