

Canoe Kayak Provincial Championships

Congratulations to all the SNCC Athletes who competed at the Ontario Championships in Ottawa, August 13-14. Athletes competed in single boats and crew boats such as K2, K4, and mixed C2 and mixed K2. One highlight from the weekend: our para-athletes won burgees (the pennants) signifying their performance resulted in the most points for SNCC in the categories of Paracanoe Overall and Paracanoe Womens.

Great work Marilyn Abbs and Lindsay Davis!

Thank you to everyone who shared their pictures on FaceBook. More pictures are welcome such as photos from races or medal ceremonies. Your contributions are appreciated!



Jonathan



SNCC's Para-Athletes are making their mark on the sport! Congratulations Marilyn and Lindsay!



Dessiny



The Catch shares news about SNCC and its members
So you can ***stay connected*** with SNCC and its members.

Guelph Dragon Boat Festival

Held August 13 at Guelph Lake, Grand River Conservation Area. SNCC Canal Dragons Mixed Crew and SNCC Canal Dragons Womens Crew sprinted in 200m races and finished the day with a 2000m race each.



Photo by Donna Moffatt

Congratulations to the Mixed Crew for a gold in D Division 200m. The Womens Crew were a close third place in Womens B Division 200m (less than 1 sec separated first place and third place). A fun and tiring day!

Thank you to all who shared their photos on FaceBook. Any other pictures from the races or of the crew on the dais with their medals would be welcome. Your help with pictures makes the Catch and the Archives more interesting and meaningful.



Bernadette Morrissey shared this picture of her and her number one fan, her husband.



The Mixed crew eagerly waiting to High Five the Women's Crew. Photo by Ann Marotta.

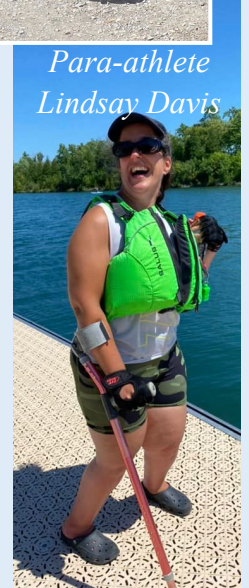
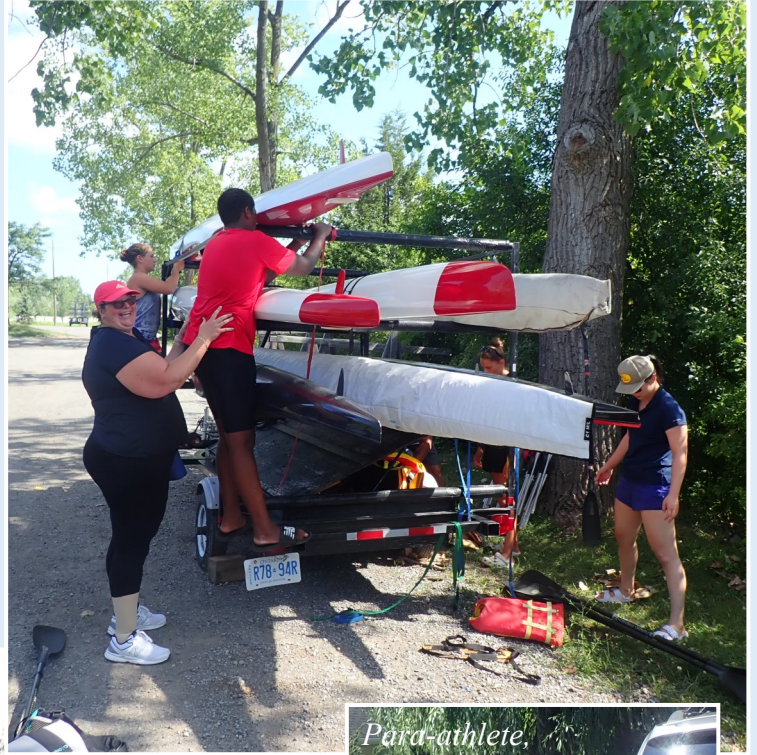
Going to the Starting Line. Photo by Lan Lai.



SNCC Back at 108 Thorold Road, Welland

During the Canada Summer Games, SNCC relocated temporarily to its former home at 108 Thorold Road, the Welland Community Boathouse. Some boats and equipment were brought over and the Notre Dame Rowing Club generously donated some space in a shipping container to us.

While it was a nice change of scenery, it's good to be back at the WIFC with more space for our athletes and for our equipment. Speaking of our space, you may have noticed the new black rubberized flooring at our compound. More improvements to come thanks to grants that SNCC received earlier this year.



Canada Summer Games

Most pictures are from Canada Summer Games FaceBook page.



Photo by Alan Wright as he volunteers in the Timing Tower for Canoe/Kayak with VIP Adam van Koeerden, Canada Summer Games athlete 1997, Canadian Olympian in Canoe/Kayak Sprint (Athens 2004, Beijing 2008, London 2012, Rio de Janeiro 2016), Toronto PanAm Games 2015.



High Performance paddler Sarah Lowry volunteering at Canada Summer Games in a safety boat. Screenshot from a FaceBook video thanking all volunteers at Canada Summer Games 2022.

Left, J.L.O is Julia Lilley-Osende of Team Nova Scotia who won a gold in Canada Summer Games in Women's C1 500m.

Canoe/Kayak Sprint National Championships and CANMAS

Held August 23-28 in Shawinigan, QC. Four SNCC athletes and Head Coach Rob Smith travelled to “La belle province”. High Performance paddlers Austin and Aimee Pigeon competed on Days 1 and 2 of Nationals while Para-athletes Marilyn Abbs and Lindsay Davis competed on Day 5 and in CANMAS. There are videos on YouTube of their finals in various categories and links with time-stamps are on the SNCC FaceBook page. Congratulations to all our athletes! The following pictures are screenshots from the YouTube videos.



These two pictures are from the on-site photographer.



Learn to Paddle

Every Thursday night, SNCC offers free Learn to Paddle sessions to the public as part of the requirements of the Grow Grant in order to grow our club and add new members.



Photos by Kathleen Reardon



Coach Joan gives dryland instruction.

Canal Dragons Special Needs Crew

Photo by Bernadette Morrissey



On Fridays, SNCC offers a paddling program that introduces dragon boat to the special needs community. Many volunteers help make this program successful. Above is Coach Brenda on the drummer seat, with Bernita and Joan steering. A previous version of the September 2022 Catch had the wrong name for this crew and their program.



Upcoming Events

2022 ICF Junior and U23 Canoe Sprint World Championships, Szeged, Hungary, August 31-September 4: SNCC wishes High Performance paddler Austin Pigeon well as he competes in Europe. Follow [here](#) for livestreaming and other information.

GWN at Marilyn Bell Park, Toronto, September 10 and 11: Canal Dragons will send a Mixed team and a Womens team to compete in this 2-day event.



Fall Paddling: Dragon boat fall session runs September 19-October 31. Canoe Kayak session runs September 13-November 12. Check with your Coaches for more details. Go to [SNCC.CA](#) to register.

Christie Lake Dragon Boat Festival, Christie Lake Conservation Area, September 24: Last race festival of the season for the Canal Dragons.



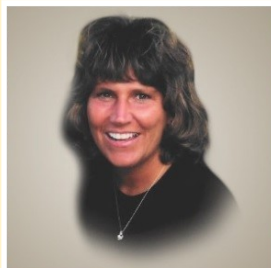
SNCC Annual Awards Banquet: Volunteers are needed to help plan this fun evening of food, socializing, and recognizing our talented athletes. Contact Coach Rob Smith to get involved.



In 2023, SNCC turns 15! How should we celebrate the occasion? For our 10th anniversary, SNCC had a fundraiser Spaghetti dinner with prizes and games. Bring your ideas to a Board member and get involved!

Sad News

SNCC extends condolences to the family of Hope Floats member Jody Minken. Jody joined Hope Floats in May 2019 but she had been inactive since her breast cancer relapse in the autumn of 2019. Jody was on the committee that wrote the Grow Grant application and she was also part of the Grow Grant Implementation Committee. You can read her obituary [here](#). Thank you, Jody, for your contributions to SNCC.



04-Jun-1969 —
28-Aug-2022

September Birthdays

Canoe/Kayak

Lindsay Davis
Walker Davis
Debbie Rajczak
Edward Spivak



Dragon Boat

Mary Doan
Amy Jawanda
Maureen Wheelock

Canoe/Kayak and Dragon Boat

Shannon Allan
Colleen Kenyon
Carlos Peralta



Coach

Janet Corbett

Next issue: October 2022

Pictures and story ideas for **The Catch** can be emailed to Kathleen: kat_reardon@hotmail.com



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