

We Are Recruiting

Breast Cancer Survivors Come Paddle With Us

Why Dragon Boating?

Dragon boating is a team sport that attempts to include people of all ages and abilities. We have no age limits. It builds harmony and a feeling of working together, and it is a lot of fun! We paddle on the water during the spring/summer/fall and indoors during the winter.

Post-treatment, breast cancer survivors may experience some limitations to their prior level of athletic ability. This can be improved by dragon boat paddling. Attending 1 to 2 practices per week will help to regain strength, improve fitness levels and provide a great support group with those who have taken a similar cancer journey.

South Niagara Canoe Club located at the Welland International Flatwater Center 16 Townline Tunnel Road, Welland, Ontario

Breast Cancer Survivor Dragon Boat Crew

website: southniagaracanoeclub.ca
email: info@southniagaracanoeclub.ca
3 times for free

Breast Cancer Survivor Dragon Boat Crew

website: southniagaracanoeclub.ca
email: info@southniagaracanoeclub.ca
3 times for free

Breast Cancer Survivor Dragon Boat Crew

website: southniagaracanoeclub.ca
email: info@southniagaracanoeclub.ca
3 times for free

Breast Cancer Survivor Dragon Boat Crew

website: southniagaracanoeclub.ca
email: info@southniagaracanoeclub.ca
3 times for free

Breast Cancer Survivor Dragon Boat Crew

website: southniagaracanoeclub.ca
email: info@southniagaracanoeclub.ca
3 times for free

Breast Cancer Survivor Dragon Boat Crew

website: southniagaracanoeclub.ca
email: info@southniagaracanoeclub.ca
3 times for free

Breast Cancer Survivor Dragon Boat Crew

website: southniagaracanoeclub.ca
email: info@southniagaracanoeclub.ca
3 times for free

Breast Cancer Survivor Dragon Boat Crew

website: southniagaracanoeclub.ca
email: info@southniagaracanoeclub.ca
3 times for free

Breast Cancer Survivor Dragon Boat Crew

website: southniagaracanoeclub.ca
email: info@southniagaracanoeclub.ca
3 times for free

Breast Cancer Survivor Dragon Boat Crew

website: southniagaracanoeclub.ca
email: info@southniagaracanoeclub.ca
3 times for free